



Dear Parent/Guardian,

Please can you help Healthy Kidz help CLIC Sargent make sure that children and young people with Cancer can be together, with their family this Christmas.

Decorating the tree, wrapping presents, playing games, taking a freshly baked mince pie out of the oven for Santa; Christmas is all about spending time at home with the people we love and cherish the most.

But what if that wasn't possible? Imagine not being with your child on Christmas day. Imagine that your child is sat on a hospital ward, hundreds of miles away from home, scared and lonely. Hotels and restaurants are all closed due to coronavirus and even after driving for hours on the motorway, you are only allowed to visit your child for a few precious moments.



Matilda was just three years old when she was diagnosed with acute lymphoblastic leukemia in December 2016. With a three hour round trip to get to the hospital to be at Matilda's bedside and a newborn son to care for, her family were at breaking point.

Their CLIC Sargent Social Worker saw that they couldn't carry on and found the family a room at CLIC House, a CLIC Sargent Home from Home. For the family it changed everything. It meant they were only a short walk away from Matilda and had a base where the rest of the family could stay together. CLIC House was where they spent the first of three Christmases that were affected by cancer"

This is the harsh reality that children and young people, like Matilda are facing this Christmas. But it doesn't have to be this way. With your help you can help **healthy kidz** raise vital funds for this amazing charity.

CLIC Sargent's Homes from Home are here for families 24/7, 365 days a year. Completely free and just a slipper walk away from the hospital ward, they are a haven for families, allowing them to stay together when being at home isn't possible.

Last year in the island of Ireland 434 children and young people aged 0-24 were supported by CLIC Sargent. We know the lives of family members are also often wrecked because of a child's diagnosis so the total number of people we reached was approximately 1,514.

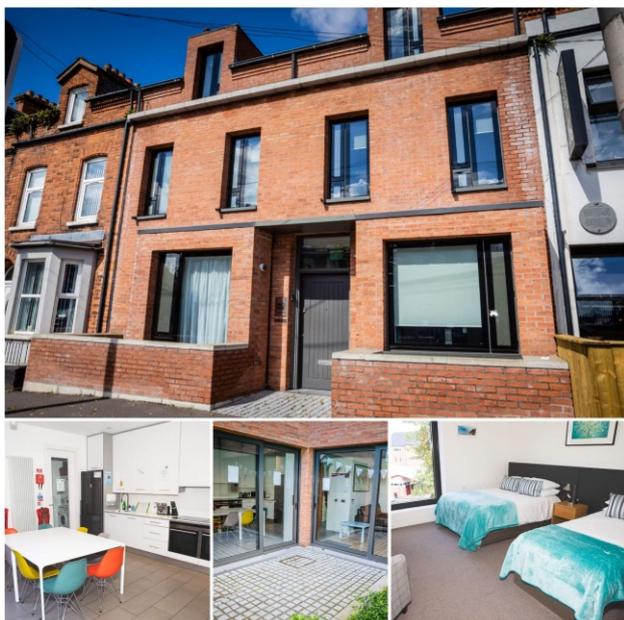


You can help **Healthy KIDZ** to “Pay for a Day” at a CLIC Sargent Home from Home, keeping families together so that neither Cancer nor Coronavirus can cancel Christmas for children and young people and their families.

£33 will help pay for a family to stay together in a CLIC Sargent Home from Home on Christmas Day

£396 will help pay for a family to stay together for the 12 days of Christmas in a CLIC Sargent Home from Home

£2734 will help pay for all the families staying in all ten CLIC Sargent Home from Homes on Christmas Day



Paul's House



Amy's House

Case study: Paul's House & Amy's House in Belfast

- Last year 86 families stayed in Amy's house and 73 families in Paul's House whilst their child had treatment. They are close to the Royal Hospital for Sick Children and The City Hospital.
- On average a family will make a round-trip of 95 miles, up to five times a week to access the cancer treatment their child needs in Northern Ireland. The cost of travel and accommodation is a huge financial strain for some families.
- Amy's House has 5 en-suite bedrooms, a shared lounge, kitchen space, a quiet room, outdoor space and a roof terrace with parking.

- Did you know its **2,734** miles from the UK to the North Pole?
- Did you also know that **£2,734** would “Pay for a Day” at all of the CLIC Sargent Homes from Home?
- Can you help us raise **£2,700**?

Your child/ren's school has signed up!

- 1) Encourage your child/ren to engage with the Healthy Kidz Christmas Pack
- 2) Encourage your child to mark off their daily mile activities on the Race to the North Pole activity map
- 3) Find, jazz up or purchase a Christmas jumper hat (getting creative is more fun)
- 4) If your child's school is feeling creative send in a jumper/hat to jazz up with some Christmas decorations
- 5) Wear your jumper/hat on the school's chosen day and donate a £1 to CLIC Sargent
- 6) The school will collect money and donate it to Healthy Kidz North Pole Just Giving Page: www.justgiving.com/fundraising/healthykidz-racetothepole (please feel free to share this link also)
- 7) If you are interested in more information about the charity please contact vicki.ewart@clicsargent.org.uk

Let's make it to the North Pole and make memories for Christmas 2020